

and spiritual songs, singing with grace in your hearts to the Lord.” (Colossians 3:16)

“I waited patiently for the LORD; and he inclined unto me, and heard my cry. ² He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. ³ And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD.” (Psalm 40:1–3)

B. It Is a Product of _____

“Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;” (Ephesians 5:20)

“In every thing give thanks: for this is the will of God in Christ Jesus concerning you.” (1 Thessalonians 5:18)

C. It Is a Product of _____

“Submitting yourselves one to another in the fear of God.” (Ephesians 5:21)

“For even the Son of man came not to be ministered unto, but to minister, and to give his life a ransom for many.” (Mark 10:45)

CONCLUSION _____

BUILD

BELOW THE BASELINE

LESSON 7: FILLED WITH THE SPIRIT

TEXT: EPHESIANS 5:15–21

“See then that ye walk circumspectly, not as fools, but as wise, ¹⁶ Redeeming the time, because the days are evil. ¹⁷ Wherefore be ye not unwise, but understanding what the will of the Lord is. ¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit; ¹⁹ Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; ²⁰ Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ; ²¹ Submitting yourselves one to another in the fear of God.” (Ephesians 5:15–21)

INTRODUCTION _____

“In whom ye also trusted, after that ye heard the word of truth, the gospel of your salvation: in whom also after that ye believed, ye were sealed with that holy Spirit of promise, ¹⁴ Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of his glory.” (Ephesians 1:13–14)

1. THE SPIRIT-FILLED _____

“This I say then, Walk in the Spirit, and ye shall not fulfil the lust of the flesh.” (Galatians 5:16)

A. A Path of _____

“See then that ye walk circumspectly, not as fools, but as

wise, ¹⁶ Redeeming the time, because the days are evil.”
(Ephesians 5:15-16)

“Walk in wisdom toward them that are without, redeeming the time.” (Colossians 4:5)

B. A Path of _____

“Wherefore be ye not unwise, but understanding what the will of the Lord is.” (Ephesians 5:17)

“For this is the will of God, even your sanctification, that ye should abstain from fornication: ⁴ That every one of you should know how to possess his vessel in sanctification and honour;” (1 Thessalonians 4:3-4)

“Let the word of Christ dwell in you richly in all wisdom...”
(Colossians 3:16)

2. THE SPIRIT-FILLED _____

“And be not drunk with wine, wherein is excess; but be filled with the Spirit;” (Ephesians 5:18)

A. A _____ Purpose

“Be sober, be vigilant; because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour:”
(1 Peter 5:8)

“And be not drunk with wine...” (Ephesians 5:18)

“Who hath woe? who hath sorrow? who hath contentions?
who hath babbling? who hath wounds without cause? who
hath redness of eyes? ³⁰ They that tarry long at the wine; they
that go to seek mixed wine. ³¹ Look not thou upon the wine
when it is red, when it giveth his colour in the cup, when it
moveth itself aright. ³² At the last it biteth like a serpent, and
stingeth like an adder. ³³ Thine eyes shall behold strange
women, and thine heart shall utter perverse things. ³⁴ Yea,
thou shalt be as he that lieth down in the midst of the sea, or
as he that lieth upon the top of a mast. ³⁵ They have stricken

me, shalt thou say, and I was not sick; they have beaten me,
and I felt it not: when shall I awake? I will seek it yet again.”
(Proverbs 23:29-35)

B. A _____ Purpose

“...but be filled with the Spirit;” (Ephesians 5:18)

“Neither yield ye your members as instruments of
unrighteousness unto sin: but yield yourselves unto God, as
those that are alive from the dead, and your members as
instruments of righteousness unto God.” (Romans 6:13)

“...and where the Spirit of the Lord is, there is liberty.”
(2 Corinthians 3:17)

3. THE SPIRIT-FILLED _____

“Speaking to yourselves in psalms and hymns and spiritual songs,
singing and making melody in your heart to the Lord; ²⁰ Giving
thanks always for all things unto God and the Father in the name
of our Lord Jesus Christ; ²¹ Submitting yourselves one to another in
the fear of God.” (Ephesians 5:19-21)

“But the fruit of the Spirit is love, joy, peace, longsuffering,
gentleness, goodness, faith, ²³ Meekness, temperance: against such
there is no law. ²⁴ And they that are Christ’s have crucified the flesh
with the affections and lusts. ²⁵ If we live in the Spirit, let us also
walk in the Spirit.” (Galatians 5:22-25)

A. It Is a Product of _____

“Speaking to yourselves in psalms and hymns and spiritual
songs, singing and making melody in your heart to the
Lord;” (Ephesians 5:19)

“And at midnight Paul and Silas prayed, and sang praises unto
God: and the prisoners heard them.” (Acts 16:25)

“Let the word of Christ dwell in you richly in all wisdom;
teaching and admonishing one another in psalms and hymns